

GOT 1:

General osteopathic treatment 1

INSTRUCTOR:

Pierre VEY, DO

25 years experience in the technique, 17 years teaching it (France & abroad).

GOT scientific evaluation (2 years research).

PREREQUISITE:

Almost None: for the basic level of practice and understanding.

Better if you know anatomy (skeletal at least), palpatory anatomy, biomechanics and bases of physiology.

Understanding of the technique and practicing are proportional to the participant's manual & health background.

TOPIC :

The original osteopathic technique initiated by A.T.STILL , founder of osteopathy (additions of JM. LITTLEJOHN & J. WERNHAM).

Highly global osteopathic technique.

Very useful and adapted to physio and massage therapists who will immediately use it in addition of their usual treatment patterns.

Easy to get for any therapist: physio, massage, cranio-sacral etc..

First step (theoretical & practical) into osteopathic approach of patients.

It'll take you progressively from global to specific.

Easy way to access, understand and master sophisticated specific techniques.

High level class to dynamic palpation of articulations and soft tissues.

CHAPTERS:

Approximately: theory 25% & practice 75%

History and principles of the technique.

Test and treatment technique : the "Routine"

Lower limb

Pelvis and lumbar

Upper limb

Shoulder girdle

Rib cage

Neck

Indications & Clinical aspects.